



SOUTH BRISTOL LOCALITY PARTNERSHIP 2023/24

Delivery Plans
Q1 update

South Bristol
Locality Partnership



Child Healthy Weight Q1

To reduce the number of children who are found to be overweight at ages 4-5 years old in Hartcliffe, Withywood and in Filwood from 300 to under 250 by 2028 to reduce the disparity between rates in these areas and other parts of South Bristol.

Main focus areas: early years/ breastfeeding, healthy food provision for families/ young children, increase in physical activity.



VCSE, Early Years, Sirona, UHW, Public Health, Children Centres, Hengrove Leisure Centre, ICB



In June, four local community projects were awarded funding by SBIP to support our goal to increase child healthy weight. 12 applications were received.



Feeding Bristol's Family Food Project 2023 funded by NHSE reached a further 102 adults and 128 children in Hartcliffe and Knowle. Learning from this has now been embedded into their future delivery model. The funding hcs also enabled an online Food Leaders course launching September.



Learning from the child healthy weight working group was fed into the public health specification for a future tier 2 weight management service that supports families and children. Beezee Bodies have now been awarded the contract from June 23-2025 and we will continue to work with them.



Since April, the working group has the support of nine SB community anchor organisations in engaging with residents across South Bristol about child healthy weight. These conversations have already led to three of these CAOs developing family and community cooking opportunities in their own community venues.

Key findings from our Community Anchor Organisations around child healthy weight

What: Access to low-cost, safe outdoor activity space is important	Why: improves physical and mental wellbeing, kids sleep better, chance to spend quality time together	Barriers: Transport, cost of organised and indoor activities and healthy food, unaware of available resources	Information: Children Centres, schools, other parents, GP, online/ NHS website	Improve: Transport, support for SEND families/ SEND friendly spaces, involvement of schools in community

Case Study: Feeding Bristol's Family Food Project 2023

The Children's Kitchen has been working in collaboration with the South Bristol Partnership in support of their Child Healthy Weight priority. We received NHSE funding facilitated by the partnership to expand our current work in Early Years settings in the areas of highest food insecurity in Bristol. We work in 16 settings with children aged 2-4 encouraging them to explore and grow fresh produce as part of their day at the Nursery, School or Children's Centre. Most of the settings have around 100 children and we usually visit for one half day a week to run food and growing sessions with the children.

The funding enabled us to deliver hands on cookery sessions for families; encouraging cooking simple and affordable healthy meals and providing recipes, spice kits and signposting to Healthy Start and local Food Support. We provided ingredients and meal kits for families to take home and cook and worked in a bespoke way to make sure that the families were involved with choosing recipes and the format of the sessions. These sessions took place city wide, with an extra focus on South Bristol especially Hartcliffe and Knowle West.

We also organised a 'Market Place' in ten settings where Fareshare South-West delivered a selection of fresh produce and store cupboard food and families could access this for free with no stigma or charge. The Market Places were child height and appealing so that children could take home the vegetables they had been exploring in Nursery, alongside a recipe or cooking idea.

This partnership has been of huge value to the children and families we work with, and for us as an organisation. We intend to carry on the family cooking focus and the Market Places and will be looking for opportunities to apply for funding to expand this further in the future.

Jo Ingleby, Director of The Children's Kitchen, Feeding Bristol.



"Since X came home he hasn't stopped going on about it. He said Daddy 'try this' and Dad tried it (cous Long cross salad), I didn't think he would but he did and he liked it."

"Wow I can't believe he's trying it (child eating the raw courgette), he never tries new things at home"



Key challenges for the working group



Under representation from educational settings e.g. nursery and primary schools. It has been difficult to directly engage these settings due to capacity and lack of funding, however we are engaging with Healthy Schools Team, School Nursing Team, and BCC Education Team on how to engage more schools and early years settings to support this work.

Additions to delivery plan



To include actions to increase breastfeeding in Hartcliffe Withywood and Filwood and working with Family Hubs. Breast feeding continuation rates for 'any breastfeeding' range from 93.3% Clifton Down to 27.6% in Hartcliffe and Withywood (JSNA 22/23)

Community Engagement Q1



Community Connectors x2



Community Innovation Lead



Community Anchor Organisations x 9



Community Connectors



September 2022- Community Connector- Leanne Purton (BS3 Community Development)

Focus areas: BS3- Hollidge Gardens and St. Catherine's supported housing blocks (55+); Marksbury Road

April 2023- Community Connector- Emma Smallwood (Knowle West Health Park)

Focus areas: Inns Court housing development, Knowle West

[Watch Emma's story](#) about her work in Inns Court

13

Average number of people supported in a month (22/23)

88

Total number of people supported in 22/23

110

Average instances of support in a month (22/23)

770

Total instances of support in 22/23

43

Average number of people supported in a month (Q1 23/24)

129

Total number of people supported year to date (Q1 23/24)

163

Average instances of support in a month (Q1 23/24)

489

Total instances of support year to date (Q1 23/24)

Community Innovation Lead: Feb 23- present



Focus: SWIFT PCN building connections between PCN and VCSE, as well as VCSE orgs to other VCSE orgs.

17

Hari Ramakrishnan

VCSE engaged in a month (AVG)

89

VCSE engaged year to date

30

VCSE-VCSE connections made in a month (AVG)

151

VCSE-VCSE connections made year to date

51

PCN-VCSE connections made in a month (AVG)

259

PCN-VCSE connections made year to date

6

Funding opportunities identified

10

Funding opportunities identified and connected to PCN or VCSE

Key challenges affecting communities



Lack of 1-1 support/ in-person befriending services for those feeling isolated



Lack of public transport connecting to other parts of South Bristol to access shops, appointments, services



Lack of tech knowledge means people are feeling frustrated and left behind. Increasingly services are advertised online only



Lack of fresh food provision- Amongst families/younger people, food is a huge concern, particularly access to quality fresh food



Lack of transport means there is greater need for services to operate in communities residents live in.



Sharing knowledge and building forums within and between both general practice and VCSE is key.

Community Anchor Organisations

We recognise the important role the VCSE sector plays within communities across South Bristol. As the South Bristol Locality Partnership we wish to work with our key Community Anchor Organisations (CAOs) to develop our engagement with the communities that each serve.



Our CAOs will be holding conversations with residents in their communities based on our priorities on child healthy weight, alcohol harms and falls between May and September. So far they have:



Held 73 conversations (1:1, groups and surveys)



with 299 residents



In Knowle & Knowle West, Southville/Bedminster, Hartcliffe and Withywood, St.Annes, Brislington, Totterdown, Bishopsworth

Challenges - Community Engagement

- Lack of conversations in Stockwood and Hengrove due to limited capacity of CAO to hold conversations
- clarity needed on how a community engagement group could bring together community connectors, community innovation lead and community anchor organisations in a way that's meaningful and adds value to the work they're doing.

Community Mental Health & Alcohol Harms Q1

The rate of admissions for alcohol-specific conditions in South Bristol (1,064) was significantly higher than England (587) in 2020/21. We are concerned with the rate of admissions and about the clear link between alcohol misuse and poor mental health. Our goal is to reduce the number of admissions for alcohol-specific conditions across all areas of South Bristol to below the Bristol average rate.

Community Mental Health- Progress of our Integrated Personalised Care Teams (IPCT)



Between March 22-March 23 we received 29 referrals into the IPCT test and learn.



8 of these referrals have had alcohol related issues



In Q1, we have reviewed a further 9 cases in shared case reviews



IPCTs have six core agency members: AWP, general practice, adult social care, VCSE mental health (x2), NHS talking therapies. However to date, six additional external agencies have attended IPCTs to support discussions. External agencies include Womankind, Off the Record, DHI, Community Learning Disabilities Team, Social Housing representation, High Intensity User Team, SWEDA.

As the IPCT develops, we are continuing to communicate with wider agencies about the model and how they could be involved, including alcohol services and specialist pathways such as eating disorders.

Feedback from agencies involved in shared case reviews



Great to have other perspectives and options to explore with service user- a place to bounce ideas



Unsure of the direct benefit of the meetings to the service user at this stage



Key findings from our community anchor organisations about alcohol harms



people see harmful alcohol use in community increases anti-social behaviour, increases poor mental health, abuse and financial problems, but also noted it can often go unseen



The most common route for support was the GP, but noted that people may not seek support due to shame, not recognising the problem, and being unaware of local services available to them



where to focus? Education of all ages, more prevention in community, reduce isolation, more 1:1 support in community (groups can be daunting), support from neighbors and friends.

CAOs reported this topic being the hardest to approach people with as it felt more sensitive. It seemed people felt less comfortable talking about alcohol compared to falls and child healthy weight.

IPCT Hub Q1 Developments

Recruitment

Recruitment underway for Hub Manager, Hub Administrator, Recovery Navigators (Sept start), Social Worker, Psychologist (Nov start)

Estates

Work underway to review current estates within South Bristol. Options have included KWHP and SBCH

Comms

We have been expanding our comms about shared case reviews, One Care managing full comms launch for GPs ahead of go live date

Go live

Planned Bristol go live date is Dec 23.

Key factors to note:

- Development of alcohol harms specific delivery plan has been limited due to lack of capacity to develop a working group
- Alcohol admissions are regularly discussed as part of IPCT case reviews and therefore naturally falls under the development of the Community Mental Health model which will include integration of key alcohol and drug agencies
- Public Health have plans to recommission the ROADS alcohol pathway by 2025. SBLP are part of these conversations and have included them in the development of our mental health model and how the two interlink.

Changes Mental Health Peer Support

464

group sessions have run in 5 South Bristol locations since Jan 2021

78

people attended South Bristol sessions Jan - March 23

79

people attended South Bristol sessions April- June 23

Note: Withywood session discontinued April 2023 due to low attendance

Ageing Well Q1

SB-LP Priority: Reduce the number of falls – we will aim to achieve a reduction in the number of people over 65 attending the Emergency Department after a fall (770 – 50% over five years)

Reduce the number of falls


Reduce the impact of type 2 Diabetes

Reduce the impact of COPD


Deliver the Proactive Care model in South Bristol

Other main focus areas: Enhanced Health In Care Homes, Cardiovascular Disease and lipid lowering therapies.


CAO Falls Engagement findings




Physio support after a fall was one of the most commonly reported methods of support




People reported word of mouth as the most likely way they would find out about support services



People commonly reported challenges getting to see their GP after a fall



Support from neighbours was also commonly reported



Walking was reported as the most common ways elderly people keep active

Key Successes



Undertook an in depth PHM review to identify priority cohorts




Submission of Target Operating and Quality Model



Appointment of clinical GP rep to the South Ageing Well work




Consistent and dedicated membership despite challenges




Connected partners in relation to evidence around statin take up a stroke/heart attack


Working Group PHM findings



South Bristol accounts for a quarter of all emergency department attendances for falls across BNSSG




The most impactful conditions for people in South Bristol who are in segment 4 & 5, IMD (Indices of multiple deprivation) quintile 1, is COPD




In the 50–64-year age group, the most prevalent conditions that people have that have the largest difference in rates between areas by deprivation are: drug and alcohol dependence, hypertension, diabetes and depression

Key Challenges




Unconfirmed resource

The communities -health and Care Improvement Group (HCIG) will be responsible for proposing recommendation against how much of the £7.9m will be allocated to delivering Proactive Care and wider priorities of Ageing Well. As much of our delivery plan and Target operating and quality model (TOQM) rests on how much of this we may have to our discretion we have need to review and repurpose our delivery plan based on what we can deliver between us until this decision is made.



Awaiting system decisions on Proactive Care

There are many interdependencies to consider in the delivery of the Proactive Care model such as the Sirona reset, personalised care planning, the Ageing Well pilots and care coordination. We need to wait for decisions to be ratified on the approach of all these things before we can establish the scope and role that the localities will play in the identification of how our approach will differ locally. Conversations are ongoing to do this, but with HCIG still in it's infancy it may be several months before we have answers.




Local Authority engagement

Although the membership of Ageing Well has remained consistent in their enthusiasm and attendance over the the last year, including the recent identification and interest of a South Bristol GP to offer clinical and general practice representation, we lack the key insight and influence of a representative from the council on our working group. Steps have been taken to identify an individual who can commit themselves however it is important for this to be resolved ahead of the key decisions that will be made in the year ahead.


Review and realignment of our delivery plan on 13 July

On 13 July the Ageing Well Working Group met to discuss how we should move forward into Q2 and beyond. As a group it was decided that we didn't want to waste the enthusiasm and energy that had gone into Ageing Well and the identification of our priorities by just being dependant on resource from the ICB. From this discussion we agreed to explore options around working with the Bristol localities to devise a combined framework of how we think we could deliver against our priorities whilst still maintaining a local approach. Alongside this we will bring leads and services in our priority areas into discussions on how we we may be able to work more cohesively together to meet the needs of residents, rather than solely focus on gaps in service provision that would need resource to address.


Looking ahead to Q2 for the Ageing Well Working Group




Agree and update deliverables and KPI's based on what our Ageing Well working group can do without funding that is currently awaiting the decisions from HCIG



Arrange a Bristol locality approach to supporting our priorities and governance of how localities deliver against them



Explore our MDT provision in South Bristol and how we can improve effectiveness



Arrange further discussions with leads within our priority areas to identify further opportunities for efficient integrated working and supporting each other

Communications

Widening of communications amongst partners

Maximising the quality of communications

Ensuring Communications are accessible to all

Considering how to enable two-way Communication

Main focus areas: SB-LP Newsletter, SB-LP Website, Oversight: of the Annual Review, Community Anchor Organisations

Key Successes

South Bristol Locality Newsletter

146

People on the distribution list

120

Average readers per month

82%

Of people who receive the newsletter read it

28

News items put forward this quarter

"Just wanted to say how inspiring this is! Really great collaborative work and smashing newsletter"

South Bristol Locality Website



Homepage

This describes what SB-LP is and the vision we hold together as well as sharing the link to our priorities.



About us

Here we have shared the names and website of our partners and even included an interactive map to enable the user to see where are partners are located.



Our priorities

Under this we share more information around the particular challenges that lead us to agree on our priorities. We also have information for colleagues here on how they can refer into the IPCT.



News

This is where our previous newsletters can be found.

South Bristol MANs Event

On the 15th of June, members of the partnership attended the Multi Agency Networks (MANs) meeting to promote the work the wellbeing group have been doing to improve child healthy weight in some of our most impacted areas and share the wider priorities of South Bristol

Locality Partnership through the production of multiple posters and leaflets to share with interested colleagues. The event had over 25 other services and voluntary organisations hosting stalls, as well as other professionals and community members who came to network.



Annual Review Video

In April on 2023 the communications workstream collaborated on a 5 minute video to accompany our Annual Review. Input into this from the communications workstream included amendment to language so that it related more to residents, removal of very health focused language and the suggestion of certain edits to enable it to be easier to watch, and read. After being viewed and complimented by the ICB comms team, this is now ready to share and can be used around South Bristol as another form of engaging communities and partners in the work we do.

Key Challenges



Without a consistent feed of projects that would benefit from comms input like the annual review, it is sometimes hard to identify what the role of the workstream and bring valuable discussions each month. The Newsletter and the website although standing items do not take much time to discuss.



Due to the above challenge, the attendance at the comms workstream has reduced over the last couple of months creating more issues over the breadth of engagement and expertise we have inputting into the items that do come.



Next steps
In June, the Comms workstream began drafting a terms of reference to identify the value in continuing to hold monthly comms meeting and consider how we may want to amend the approach moving forward. This first discussion identified the four focuses at the top of this page as being key priorities as well as some smaller changes to implement. The draft ToR will go to the group again on the next agenda to get the input of those who were not there previously.